





Visual Memory exercise #2:

Stare at the whole scene for 1 minute.

Stare at the individual objects for 30 seconds.

Close your eyes, and try to see the scene in your mind.

Draw the scene in the air or on your paper without opening your eyes.

Now try to draw it on paper from memory.



Visual Memory exercise #3:

Stare at the whole scene for 1 minute. Don't get distracted by the individual objects.

Close your eyes, and try to see the scene in your mind.

Draw the scene in the air or on your paper without opening your eyes.

Now try to draw the **feeling of the whole scene** on paper from memory.



**WHAT?**

**WHY?**